Thriving Communities Collaborative (TCC) May 18, 2016 Planning Meeting

Meeting Attendees:

Affiliation/Organization
Echo Resource Development

Cure Violence Center for Urban Families

Zanvyl & Isabelle Krieger Fund

Building Families/Community of Hope/Patterson Park

Baltimore Child Abuse Center

Community of Hope Johns Hopkins Univ.

St. John's United Methodist Church

Power Inside JHU/TheConnect

Family Connections / Univ of MD SSW

Martin Pollak Project NARAL Pro-Choice Maryland

YES

Asage Marketing Fellowship of Lights

Representatives

Dave Brown Matan Zeimer Wendy Blackwell Brooke Hisle

Debbie Marini Miriam Kahn Sharron Jackson Peter M. Modlin Kelley E Crawford Ruby, Abbey Maloney

Phil Leaf

Christopher Beegle Richard Norman Diana Philip

Patricia Cobb Richardson

Ros Williams Ross Pologe Eugenia Argires

Discussion & Notes:

Vision Modification – Based on a member recommendation, the team agreed to add access to quality health care to the TCC vision.

Planning Meetings – One of the members noted that the term "Planning Meeting" may dissuade people not involved on a regular basis from attending, and several other members agreed. It was decided that we should change what we are calling our monthly/bi-monthly meetings from "Planning Meeting" to something more inclusive, perhaps General Meeting. It's important that we reflect that all community organizations that share our mission and vision have a seat at the table. We'll also relook at the website content to ensure this is reflected.

TCC Language/Focus/Outreach Strategy –

One of the key TCC initiatives is to provide Collaborative members with the education that they need to help adopt more trauma-informed practices in their organizations and their lives as well as to provide them with tools to "spread the word" to help build more thriving communities. As part of this initiative we reviewed the webinar from ConnectionsMatter.org and discussed what we liked, what we thought might be missing, and how we might leverage those tools here in Baltimore. Notably, this lowa based group has developed a 20 and 50-minute presentation that they train community members to share. In addition to viewing this webinar, the team shared take-aways from research from across the country (compiled by Fenton) regarding the language around traums that resonates with communities.

Overall, the team members shared a number of positives regarding the materials on <u>ConnectionsMatter.org.</u> Specific discussion included:

Positives:

- The parent/child approach (Aspen Institute) Two- or Three- generation approach (positive)
- Using "micro-gardens" or "brief moments" as ways of connecting
- Importance of early head start
- Talking about the plasticity of the adult brain
- To-do or check list
- That the introduction of 'trauma' came much later in the presentation

• The connection of brain, relationships, community

Observations:

- We need to stress the importance of "meeting the client where they are"
- Importance of making discussing trauma/pathology audience specific
- One-on-ones
- Can't forget to stress the importance of Safety & Trust
- Dive deeper into brain science/development particularly re: adult brain
- Not to forget "blame & shame"
- More interactive
- Shorter 5 slides
- Avoiding Re-traumatizing
- Inclusive vs. sector specific
- Context for a common language
- Some concern that we didn't want to train people to be "trainers", but rather educate them
- With the U.S. being so "non-community" focused this represents a shift

This input/information will be used as we move forward with the sub-committee meetings. If you are on the Talking about Trauma team or the City-Wide Event or would like to join either one of these committees, please take a look at the <u>webinar</u> so that you will be up to speed on what we reviewed. (You can start around the 4:30 mark and view for the next 15 minutes or so)

- Talking about Trauma Team language/elevator speech (Amanda, Paula, Patricia, Jan, Ros, Claudia)
- City-Wide Event Team Chris B., Patricia, Michelle, Ross, Denielle, Paula, Lamar, Wendy, Brandin, Kristina, Ros

As part of this discussion we also talked about Building our # of Pledgees with the thought that we want to build a movement & get our #'s to the 1000's. Some suggestions:

- May want to rethink the language re: starting a movement be a part of a movement wldfires
- Add a checkbox to allow pledgees to opt out of future e-mails
- Make sure we are clear on who's welcome to the table (e.g. faith-based organizations, individuals, etc.)
- Make what people are signing up for clearer

Policy Advocacy – In order to allow for more time to fully delve into a policy discussion, we will be revisiting this in July or August led by Diana Philip of NARAL Pro-Choice for Maryland

Next Meeting – We spoke about a number of things for June, in leiu of a general meeting.

- Connecting with the folks form Patterson Park for an event
- Teaming up with Baltimore Child Abuse Center on one of their Events
- Doing a Paper Tigers, The Caregivers or Resilience Screening & Discussion
- Hosting an event w/spoken word artists
- Screening Brave New Films movie on Gun Violence

Please e-mail info@thrivebmore.org with any comments or corrections.