Thriving Communities Collaborative (TCC) February 3, 2016 Planning Meeting

Meeting Attendees:

YES Asage Fellowship of Lights Martin Pollak Project Zanvyl & Isabelle Krieger Fund Zanvyl & Isabelle Krieger Fund Trauma-Informed DC Cure Violence MEE Representatives Patricia Cobb Richardson Ros Williams Ross Pologe Richard Norman Brooke Hisle Karen Kreisberg Betsy Krieger Lori Chelius Matan Zeimer Ivan Juzang

Discussion:

Trauma Informed Care Day – We continued discussion around this proposed "city wide" event. Some ideas for alternate names were floated including: Resilience, Shine the Light, and Beyond Surviving to Thriving. There was some discussion around planning for June timing. We will need to form a separate committee to handle. Planning around some of the other city events happening in the March/April/June timing will be important.

2016 Initiatives - We reviewed some of the plans for the TCC for 2016/17 that were included in the UHI Grant Application, including the screenings and the Talking About Trauma Initiative that will provide event attendees & community members with language (elevator pitch), materials, and presentations that enable them to talk about and spread the word about trauma informed principles from an advocacy approach. Language around mental health & surviving will be important. We highlighted some of the Philly initiatives from healthymindsphilly.org as well as #checkupfromtheneckup. We will need to have better language \rightarrow e.g. wellness corner, focus on alternate strategies for achieving wellness like music, talking to a friend. Also we want to focus on local community events.

Heard Not Judged – Ivan Juzang discussed MEE Productions' research, "Heard, Not Judged: Insights into the Talents, Realities and Needs of Young Men of Color." This report and video series features the voices of 18 to 24 year-old African-American and Hispanic males from nine cities. They open up about their lives — the everyday challenges they face, their use of technology, who matters to them (and who doesn't) and the need for access to jobs, education, mentoring and health. The release date is in March.

Miscellaneous Discussion – We want to continue to try and host evening meetings in order to get the community involved.

Next Meetings/Events:

Living Well Film Screening of Wounded Places, Thursday, Feb 18 at the Living Well Penn-North Screening of Wounded Places, Thurdsay, March 24 at the Penn-North Community Center

Please e-mail info@thrivebmore.org with any comments or corrections.