

**Thriving Communities Collaborative (TCC)
April 13, 2016 Planning Meeting**

Meeting Attendees:

<u>Affiliation/Organization</u>	<u>Representatives</u>
YES	Patricia Cobb Richardson
Asage	Ros Williams
Fellowship of Lights	Ross Pologe
Patterson Park & SE Orgs	Chris Beall
Echo Resource Development	Dave Brown
Baltimore City Health Dept. Early Head Start	Michelle Lambirth-Hanna
Baltimore Child Abuse Center	Denielle Randall
ACTS Alliance for Community Teachers & Schools	Paula Byrd
Cure Violence	Matan Zeimer
The Choice Program	Lamar Davis
Center for Urban Families	Wendy Blackwell
BCHD, BHSB, JHU	Amanda Latimore
The Institute for Integrative Health	Brandin Bowden
WIN Family Services	Kristina Ramos
Black Mental Health Alliance	Jan Desper Peters
MD State Council on Child Abuse & Neglect	Claudia Remington
The Geraldine Young Center	Crystal Phillips

Discussion & Notes:

Wounded Places Screenings – Key Highlights & Take-Aways – Overall, the film screenings serve as an excellent launching pad for a discussion around trauma informed practices, systems, policy and advocacy, and the group felt we should continue to screen other similar films such as Resilience and Paper Tigers. Further, overall, even where viewers experienced or worked with people experiencing high levels of toxic stress, attendees found value in viewing the film and in the experience of sharing.

- There were 35 attendees at “The Living Well” screening and discussion. The audience was very engaged in the discussion portion. The discussion comments included concern regarding the abandoned buildings, resources, parenting and spanking. The post screening discussion did veer away from the guide and the film. A key take-away was that closer adherence to the guide and the film would enhance the discussion, as well as ensuring that all activities, discussions, etc. were conducted in a trauma-informed manner. We had some technical difficulties – highlighting the importance of equipment reliability for film screenings. Additionally, some of the feedback from the event highlighted the fact that the road to becoming trauma-informed is a process.
- There were 14 attendees at the Penn North screening and discussion. Notably, many of those present worked with children and teens experiencing high levels of trauma (or themselves suffered from PTSD). Advocacy for policies that provide needed support was highlighted and the need to get this expressed and a part of the platform of the mayoral candidates. Additionally, the importance of having this information available to teachers & students was noted. The richness of the discussion underscored the importance of getting “in community” with these discussions.

Nurture Effect – There were appx. 55 attendees at the Nurture Effect event. Many were new to the TCC community. Though discussion was limited, people expressed a need to continue the dialogue re: what was working and what wasn’t. We will be looking into ways to help that happen. Suggestions included quarterly events, brown bag lunches.

Specific Aims over the Next Several Months – We set up two separate committees to accelerate progress on two key TCC projects:

- Talking about Trauma – language/elevator speech (Amanda, Paula, Patricia, Jan, Ros, Claudia)
- City-Wide Event – Chris B., Patricia, Michelle, Ross, Denielle, Paula, Lamar, Wendy, Brandin, Kristina, Ros

Additional Discussion –

- We discussed additional ways that the TCC could intersect w/systems and leadership toward promoting trauma-informed practices. It was suggested that we select a policy position, one specific thing that organizations could unite around and support. Additionally, the need for data to support that policy position was emphasized. Again, it was raised that becoming trauma informed is a process, how can the TCC aid in that process as well as the need for the TCC to model being trauma-informed.
- There is a webinar coming up on May 2nd on The Attitudes Related to Trauma-Informed Care (ARTIC) Scale is the first psychometrically valid measure of TIC published in the peer reviewed literature. It was developed collaboratively by the Traumatic Stress Institute of Klingberg Family Centers and Dr. Courtney Baker at Tulane University. The ARTIC measures professional and para-professional attitudes favorable or unfavorable toward TIC. It is based on the premise that staff attitudes are an important driver of staff behavior -- and the moment-to-moment behavior of staff is a critical factor in successful implementation of TIC. Find more info here: <http://bit.ly/1SmyaGS>
- We also discussed getting individuals to commit to/pledge to taking action toward being trauma informed on the TCC website and how we can build momentum around that initiative.

The next meeting is still TBD.

Please e-mail info@thrivebmore.org with any comments or corrections.